

## **Recipe for Porter Bee Healthy**

**In a pan heat up about 1 gallon of water, not boiling.**

**In a bowl dissolve 3 tbsps. Of lecithin granules with approximately ½ cup of heated water and mix, add spoonfuls of heated water to the mixture, stirring to blend the ingredients. Once well blended and smooth add 30 drops each of lemongrass oil and spearmint oil and mix. Then add 2 small spoonfuls (teaspoons) of sodium lauryl sulfate.**

**Once these ingredients are thoroughly mixed strain it through a clean white tee-shirt. Once strained add 5-6 small dollops of mixture to the remaining pan of heated water and mix. Add 8 lbs. of sugar carefully to the water mixture to avoid splashing and mix until dissolved.**

**Add shots of this mixture to your sugar water used for feeding your bees from approximately February to honey flow season or to feed nucs.**